

SMARTER Choices

Middle School Vaping Workshop

Learn about the risks of vaping and marijuana so you can make the smartest choices for a bright future!

**Four 1-hour sessions: Oct. 26 & 27,
Nov. 2 & 3, 2026 from 2:30 – 3:30 p.m.**

Sashabaw Middle School Learning Commons

- ✓ How do vapes work? How are they harmful?
- ✓ How does marijuana affect teen brains?
- ✓ How can I quit? How else can I cope with stress?
- ✓ What are my values? How can I protect my values?



Use the QR code above to register. Paper registration packets also accepted and may be turned into the CAYA office, located in Sashabaw Middle School, 5565 Pine Knob Ln., Clarkston, MI or via email at CAYA@clarkston.k12.mi.us

SMARTER CHOICES Registration Form

Student Name: _____

Grade: _____

Student Phone (optional): _____

Student Email: _____

Parent Name: _____

Parent Phone: _____

Parent Email: _____

Address: _____

List any Food Allergies: _____



248-623-4313
Fax: 248-623-4598
5565 Pine Knob Ln., Clarkston, MI 48346
Email: caya@clarkston.k12.mi.us

Dear Parent,

Your child has the opportunity to participate in **SMARTER CHOICES**, a four-part vaping and marijuana educational workshop featuring the CATCH® My Breath and Prime For Life™ evidence-based programs designed to help young people prevent problems with alcohol and drugs, including vaping and marijuana. This interactive course will engage your child in considering their values and recognizing how to protect those values from the risks posed by nicotine and marijuana. **SMARTER CHOICES** is a rich program taught by trained facilitators and includes current research on addiction to nicotine and marijuana as well as strategies to refuse or quit and cope with stressors more effectively.

Your child's **SMARTER CHOICES** class will be held at Sashabaw Middle School in the Learning Commons from 2:30-3:30 p.m. on the following dates:

Monday, October 26, 2026

Tuesday, October 27, 2026

Monday, November 2, 2026

Tuesday, November 3, 2026

SMARTER CHOICES is brought to you in partnership with Easterseals MORC and Clarkston Area Youth Assistance. Your child will be given written materials as part of this class. We hope you and your child can use these materials as a tool for discussion and sharing what they learned. If you have any questions about the content of this program, please contact Heather Craft, LMSW at hcraft@eastersealsmorc.org or 248-467-2130. In some cases, this class is being offered to your child in order for them to receive a reduced suspension. It is expected that your child attends all four sessions in their entirety and that your child participates in class. Please understand that if your child misses a session or does not fully participate, then they may receive additional days of suspension.

Please sign the form below acknowledging this information and indicating your permission for your child to attend **SMARTER CHOICES**. Return or mail this form to Clarkston Area Youth Assistance, 5565 Pine Knob Ln., Clarkston, MI 48346, located inside Sashabaw Middle School, or email to caya@clarkston.k12.mi.us. Since this class is held after the school day, please remember to arrange transportation for your child.

I give permission for my child to attend the **SMARTER CHOICES** program on 10/26, 10/27, 11/2, and 11/3 after school. I will arrange transportation for my child on each of these days.

Student Name: _____

Parent Signature: _____ Date: _____